

## Adult Nursing Personal Statement

Nursing is a very challenging and demanding career, however I feel the rewards would be great and that I am ready to embark on this career. I am eager to pursue a career in which I am able to help and care for people, becoming a nurse would allow me to fulfil this ambition. Nursing is a career for dedicated, reliable, trusting people who are able to develop relationships with patients quickly. I have these skills and I genuinely want to make a difference to people, to assist them and their families through difficult times when they are at their most vulnerable. The role of nursing is changing as nurses are far more involved in the welfare of patients and this is placing more responsibility on nurses. I am confident of embracing this challenge and to take advantage of these changes and opportunities and use them to further my career.

At school I am involved in the Duke of Edinburgh scheme and have completed bronze and silver levels. Aspects of the Duke of Edinburgh involved working as part of a group, this has helped me become an effective team player which I believe will be useful in the nursing environment as it will be necessary to use this strength to communicate successfully with other health professionals to determine what level of care is best for a patient. I am also involved in the music department as part of two choirs and a guitar group. I perform learning support once a week with a girl with additional support needs. This involves undertaking activities with her and supporting her to communicate difficulties when she is finding things challenging. This is very rewarding as I can see what a difference it makes for her to have someone who is willing to listen, and has made me realise how important this skill is when caring for people. Another activity I find rewarding is performing in-class support with a second year science class.

I am a young leader at Aberlady Rainbows and Guides and this is very valuable to me as I interact with the girls and participate in activities with them. It has greatly increased my confidence as I often have to talk to the girls in a group setting and this has developed my interpersonal skills. I am also involved in the peer education scheme '4' which involves going to different Guiding units and raising awareness of issues through activities and games. This has been incredibly beneficial for my confidence and my planning and organisational skills. These skills have been developed as I have to co-ordinate the sessions as well as talking to a group of people that I am not familiar with. As one of only two in4mers in East Lothian this role is very demanding.

I have been employed as a waitress for three years in the local hotel. This has been excellent for my interpersonal skills as it involves talking to people I am not familiar with. A skill that will be transferable to nursing. I have also undertaken work experience, through school, at Harlawhill Day Care Centre. This gave me a useful insight into the caring profession and has increased my motivation to work within it. I organised my own work experience at the Edington Cottage Hospital and this gave me an idea of what

working in a hospital setting will be like. Both experiences served to fuel my desire to gain entry to the nursing profession. I also plan to work as a nursing auxiliary through the nurse bank next summer.

In the future I may wish to pursue a career in Paediatric nursing and I feel that an adult nursing degree will be the first step in giving me this opportunity. I am deeply passionate about nursing and I am already looking forward to a long and fulfilling career in this field. I am the first person in my family to pursue further education.